

# TOTAL TRAINING™ FOR Adobe® Premiere® Pro CS5 - Essentials QUICK REFERENCE GUIDE

<b>C1</b>	<b>INTRODUCING PREMIERE PRO</b>	<b>10:05</b>	<b>C7</b>	<b>CREATING TITLES</b>	<b>27:44</b>
1	A Quick Look at Premiere Pro CS5		1	Using the Titler	
2	The Mercury Engine		2	Using & Creating Templates	
			3	Using & Creating Styles	
<b>C2</b>	<b>EXPLORING THE INTERFACE</b>	<b>36:35</b>	4	Creating Text on a Path	
1	Starting a New Project		5	Designing a Lower Third	
2	Setting up a Sequence		6	Rolling & Crawling Titles	
3	Preferences		7	Using Photoshop® to Create a Title	
4	Workspaces & Keyboard Customization				
5	The Project Panel		<b>C8</b>	<b>ADDING EFFECTS</b>	<b>1:05:23</b>
6	The Program & Source Panels		1	The Effect Controls	
7	The Media Browser, Info, Effects & History Panels		2	Keyframe Basics	
			3	Spatial & Temporal Interpolation	
<b>C3</b>	<b>IMPORTING MEDIA</b>	<b>36:57</b>	4	The Effects Panel	
1	Setting Device Control & Capture Preferences		5	Using Video Scopes to Keep NTSC Legal	
2	The Capture Window Controls		6	The Fast Color Corrector	
3	Logging Clip Data & Capturing		7	The Three-Way Color Corrector	
4	Importing Files into the Project Panel		8	Copying & Pasting Effects, Saving Presets	
			9	Time Remapping	
<b>C4</b>	<b>PLACING CLIPS ON THE TIMELINE</b>	<b>15:15</b>	10	Chroma Keying with the Ultra Key Effect	
1	Placing Clips from the Project Panel		11	Multi-Camera Editing	
2	Placing Clips from the Source Panel				
3	Placing Clips from a Storyboard		<b>C9</b>	<b>WORKING WITH AUDIO</b>	<b>58:31</b>
			1	Basics of Audio	
<b>C5</b>	<b>USING THE EDITING TOOLS</b>	<b>21:32</b>	2	Setting Audio Preferences	
1	The Selection Tool		3	Source Channel Mapping	
2	The Track Selection Tool		4	Adjusting Levels with Keyframes	
3	The Ripple & Rolling Edit Tools		5	Applying Audio Transitions & Effects	
4	The Rate Stretch Tool		6	Cleaning Up Audio	
5	The Razor Tool		7	Using the Audio Mixer	
6	The Slip & Slide Tools		8	Exporting Audio	
7	Three-Point Editing		9	Recording a Voice Over to the Timeline	
8	The Trim Panel		10	Speech Transcription	
			11	Editing to the Audio	
<b>C6</b>	<b>ADDING TRANSITIONS</b>	<b>15:29</b>	12	Finishing the Edit	
1	Adding a Transition				
2	Adjusting Transition Settings in the Effect Controls Panel		<b>C10</b>	<b>EXPORTING MEDIA</b>	<b>17:38</b>
3	Setting the Default Transition		1	Using the Project Manager	
4	Adding Transitions Automatically		2	Exporting Media	
			3	Exporting to DVD	
			4	Credits	